# #legalNOTsafe

## MARIJUANA ...know the facts

Tetrahydrocannibinol (THC) is the chemical in marijuana that makes you feel "high"

#### Marijuana has changed over the years...



### Marijuana <sup>Can</sup> Be **ADDICTIVE** 1 in 10 users will become addicted.

Higher THC levels have been linked to dependency/addiction



#### Marijuana can harm your **mental health**

Regular use increases your risk for anxiety, depression, and schizophrenia

No amount of marijuana is safe for **pregnant** or **breastfeeding** women



- Smoking/Vaping
- Eating or Drinking
- Absorbing through skin

Heavy users of marijuana can have short-term problems with **attention**, **memory**, and **learning** 

Secondhand smoke from marijuana may be harmful Marijuana smoke contains more than **400** chemicals



Marijuana smoke can harm your lungs

**#FactCheck** 

Marijuana makes your heart rate faster, and increases your risk of stroke and heart disease.







