

# OPIOID PRESCRIBING STANDARD

The healthcare systems in Winnebago County are committed to managing pain while preventing opioid addiction and abuse. In an effort to address the opioid crisis, the healthcare systems in Winnebago County have come together to establish a standard for prescribing opioids in our community.

All outpatient services including clinics, urgent care, specialty practices including but not limited to orthopedics, psychiatry, general surgery, and emergency departments will be held to this standard.

## HEALTHCARE FACILITIES

- Aunt Martha's Health and Wellness
- Crusader Community Health
- Mercyhealth
- Oak Street Health
- OSF HealthCare Saint Anthony
- SwedishAmerican
- UI Health L.P. Johnson Family Health Center
- Winnebago County Health Department

## WHAT PATIENTS NEED TO KNOW

- Anyone who takes prescription opioids can become addicted to them.
- Taking too many prescription opioids can stop a person's breathing, which can lead to death.
- In an effort to best manage your pain and prevent addiction, **how and from who you receive pain medication may change.**
- Your Surgeon or Emergency Department Physician will **only prescribe you a 3 Day supply of opioids.**
- Your Primary Care Provider or Pain Management Specialist **will work with you to manage pain** after the 3 days.
  - These Providers will follow the Centers for Disease Control and Prevention (CDC) Guidelines for prescribing opioids for pain longer than 3 days or for chronic pain.
- All of your opioid prescriptions will be documented in your patient healthcare record and be checked through the Illinois Prescription Monitoring Program.