



**Proclamation
in Recognition of Becoming a Trauma Informed Community**

WHERE AS, Winnebago County including the _____ is committed to working collectively towards becoming a Trauma Informed Community to address the significant health and social issues of the community; and

WHERE AS, the Winnebago County Health Department has established a Trauma Informed Workgroup (TIW) to examine how adverse childhood experiences (ACEs) impact the County's IPLAN 2020 Wellness Focused priorities of improving maternal and child health, improving mental/behavioral health, and eliminating violence; and

WHERE AS, the mission of the TIW is to help leadership, service organizations, and community members to understand the collective impact of ACEs and foster resiliency (namely skills that can be taught to assist individuals improve coping, manage emotional responses, form healthy relationships, and find purpose and meaning) in order to improve individual and community well-being; and

WHERE AS, the TIW has adopted the principles of a Trauma Informed Approach as outlined by SAMHSA (Substance Abuse and Mental Health Administration) <https://www.samhsa.gov/nctic/trauma-interventions>.

WHERE AS, the Trauma Informed Workgroup upholds the following core values:

- Awareness of Historical Trauma: Acknowledgement that historical transgenerational trauma can significantly impact entire communities with unresolved grief and anger.
- Caring: Criticality of treating individuals with compassion and understanding.
- Collaboration: Benefit of using a collaborative process to include governmental agencies, mental health professionals, social service providers, educational institutions, and others.
- Diversity: Importance of understanding community diversity and to incorporate this understanding in professional interactions.
- Elimination of Stigma: Elimination of trauma associated with an individual's experience of trauma.
- Health Equity: Understanding health equity and health disparities significantly impact the well-being of the community.
- Healing: Goal of having all service providers incorporate trauma informed principles in their professional interactions.
- Healthy Relationships: Fostering healthy relationships between family members, community members, and institutions.
- Holism: Adoption of an approach to care which addresses individuals' social, emotional, and cognitive well-being.
- Hope: Power of emphasizing that those impacted by trauma have the capacity to move beyond their experiences of trauma.
- Long-Term Commitment: Addressing the significant health and social issues of the community requires a long-term commitment and understanding that positive impact will not be recognized in the short-term.

WHERE AS, addressing the trauma and its impact on the community requires a commitment to the core values and shared measurement of indicators,

WHERE AS, TIW, using SAMHSA's principles, is working to (i) educate the community on the impact of trauma on social interactions, and (ii) help develop interventions that will allow the full integration of this knowledge into policies, procedures, and practices.

THEREFORE, BE IT RESOLVED that on this ___ day of _____ that the _____ is committed to working with the TIW in order to become a Trauma Informed Community.

Signature: _____

Name: _____

Title: _____

Organization: _____

Contact Information: _____