

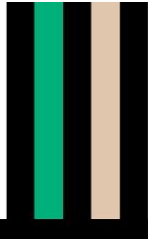


Winnebago County

Health Department

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Health
ALERT



Clinician Guidance on Individuals Recently Evacuated from Afghanistan September 23, 2021

The Winnebago County Health Department (WCHD) is asking our medical community to be alert for the following infectious diseases among evacuees (including both Afghan nationals and U.S. citizens) from Afghanistan:

- [Measles](#)
 - Generalized, maculopapular rash lasting ≥ 3 days; and
 - Temperature $\geq 101^{\circ}\text{F}$ or 38.3°C ; and
 - Cough, coryza, or conjunctivitis
- [Mumps](#)
 - *Prodromal*: Low-grade fever which may last 3-4 days, myalgia, anorexia, malaise, or headache may occur after several days before parotitis onset
 - *Parotitis*: Usually involves pain, tenderness, and swelling in on or both parotid glands
- [Leishmaniasis](#)
 - *Cutaneous leishmaniasis* is characterized by papules or nodules on the skin that evolve into ulcers
 - *Visceral leishmaniasis* is a more severe form of infection
 - Fever
 - Weight loss
 - Enlargement of the spleen and liver
- [Malaria](#)
 - Fever, chills, sweats
 - Headaches
 - Muscle pains
 - Nausea, and vomiting
- [Polio](#)
 - About 1 in 4 persons develop symptoms
 - Sore throat
 - Fever, fatigue, headache
 - Nausea, stomach pain

As of September 20, 2021, Centers for Disease Control and Prevention (CDC) has been notified of 16 confirmed cases of measles and 4 cases of mumps among Afghan nationals and U.S. citizens, recently arriving from Afghanistan. In addition to MMR vaccination, CDC recommends that evacuees are also up to date on vaccinations for varicella, polio, COVID-19 and seasonal influenza.

For more information regarding the CDC recommendations for the evacuees, please refer to the [CDC Health Advisory](#).

Should you suspect any of these diseases in an evacuee, immediately contact the WCHD's Communicable Disease Program directly at 815-720-4050.

If you are interested in receiving future WCHD Health Alerts directly to your email inbox, please register here [WCHD Health Alert Sign-up](#).

If the link does not work, try copying the link below into your web browser:

<https://redcap.dph.illinois.gov/surveys/?s=K3AKA7PJ9Y>

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