

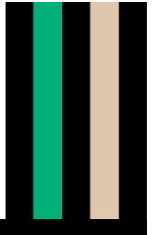


Winnebago County

Health Department

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**Health
ALERT**



Travel-associated Multidrug-resistant Strain of Salmonella Newport October 24, 2022

Medical providers should be at increased awareness that travelers who have spent time in Mexico may have been infected with multidrug-resistant (MDR) Salmonella Newport.

WCHD Asks All Healthcare Providers To

- Have a high degree of suspicion of Salmonella Newport for patient who:
 - Traveled to or from Mexico in the 7 days before illness began
 - Report eating beef, cheese (including queso fresco and Oaxaca), beef jerky, or dried beef (carne seca) before they became ill
- Test for salmonella by obtaining appropriate cultures (stool, urine, blood)
- Order antimicrobial susceptibility testing of the Salmonella isolate to guide the choice of antibiotic.

Symptoms of Salmonella

Symptoms usually start within 6 hours to 6 days after infection and last 4–7 days and include:

- Sudden onset of diarrhea (which may be bloody)
- Fever
- Abdominal cramps
- Some people may also have
 - Nausea
 - Vomiting
 - Headache

Disease Prevention Education Recommendations

Patients with diarrhea should:

- Stay home from childcare, school, and work while sick
- Wash their hands thoroughly with soap and water for at least 20 seconds during key times, including after using the toilet and before consuming food/beverages
- NOT share food with others
- NOT prepare food for others
- NOT swim or soak in shared bodies of water (including in pools, hot tubs, lakes, ponds, or the ocean) until they have fully recovered
- Wait to have sexual intercourse until they have fully recovered
- Be extra diligent about practicing good hygiene for at least 2 weeks after diarrhea ends; people with diarrheal illnesses might continue to shed the bacteria in stool after symptoms resolve for up to 2 weeks.

Please contact WCHD's Communicable Disease Program at 815-720-4050 with any questions.

Resource:

Centers for Disease Control and Prevention - <https://www.cdc.gov/salmonella/general/technical/newport.html>

Winnebago County Health Department
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