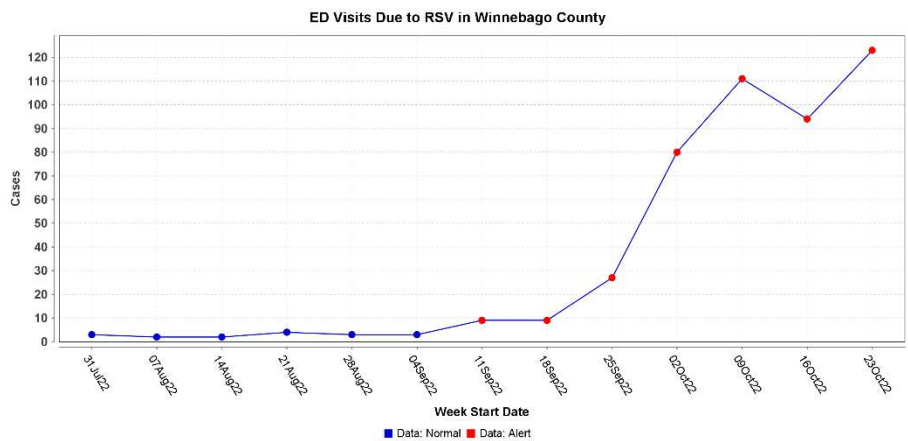


Respiratory Syncytial Virus Infection (RSV) in Adults November 3, 2022

Long Term Care (LTC) providers should be at increased awareness of Respiratory Syncytial Virus Infection (RSV) in residents, visitors, and staff. RSV cases reported through emergency departments in Winnebago County have increased significantly. While attention has been focused on pediatric cases of RSV, residents of LTC facilities and adults with underlying health conditions especially those in congregate care facilities are at increased risk of serious outcomes from RSV. An RSV outbreak has been identified in identified in a LTC facility. An outbreak is two confirmed cases of RSV in a 14-day period.

WCHD Asks All LTC Providers To

- Have a high degree of suspicion of RSV for resident/staff who are:
 - Adults 65 years and older
 - Adults with chronic lung or heart disease
 - Adults with weakened immune systems
- Test for all three respiratory infections simultaneously to rule out RSV, influenza, and COVID-19
- Implement infection control practices to prevent respiratory virus transmission.



Symptoms of RSV in Adults

Symptoms lasts less than 5 days, and may include:

- Headache
- Fatigue
- Coughing
- Fever
- Runny Nose
- Sore Throat

Disease Prevention Education Recommendations

Residents/Visitors/Staff should:

- WEAR a mask at all times when around residents of a LTC facility.
- PRACTICE strict hand hygiene.
- COVER coughs and sneezes
- CLEAN and disinfect surfaces
- SCREEN visitors upon entry.
- Staff/Visitors should stay home when sick.

Please contact WCHD’s Communicable Disease Program at 815-720-4050 to report an outbreak or with any questions.

Resource:

Centers for Disease Control and Prevention - <https://www.cdc.gov/rsv/index.html>

