



The Illinois Department of Public Health (IDPH) presents

“HEART BEATS”



**Navigating the Pulse of Health in Illinois -
A Virtual Townhall on Heart Wellness**



**Thursday, February 29, 2024
12pm - 1pm**

**Presentations on Clinical Heart Health and
Nutrition Guidance by experts in the field**



**Shruti Hegde, MD
SIU School of Medicine**



**Christine Cliff, MPH, RDN, LDN
Midwest Dairy**



In-person viewing parties hosted across Illinois by IDPH Regional Health Officers

**Champaign - Chaundra Bishop
Metro East - Marilyn Green
Rockford - Mark Hunter
Marion - Mark Stevens
Westchester - Omayra Giachello
Peoria - Tanya Zaks**

**To register for the virtual townhall, click on the link below:
<https://illinois.webex.com/weblink/register/r921723f40165ff50237d16cc0f341d30>**

**For more information on registration and events in your area,
send an e-mail to: DPH.Communications@Illinois.gov**